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SEACOR to bring three tankers into TSP

New AMO jobs under partnership between SEACOR subsidiary and energy transporter TORM

A subsidiary of SEACOR Holdings, a contracted company with American Maritime Officers, is in the process of reflagging three new tankers to serve in the Tanker Security Program (TSP), further expanding the new job opportunities for AMO officers.

The Tanker Security Program, which will be overseen by the U.S. Maritime Administration (MARAD), has been launched with a total of 10 slots for U.S.-flagged commercial tankers. Companies operating vessels under contract with American Maritime Officers have been awarded several of those slots by MARAD, including three to a subsidiary of SEACOR Holdings.

The subsidiary will be partnering with international energy transporter TORM,



which will provide three medium-range tankers to fill the TSP slots — *Thor*, *Thunder* and *Timothy*.

Like the Maritime Security Program upon which it is modeled, the TSP will provide an annual stipend for each of the vessels enrolled in the program. These commercial ships will actively operate in international trades with full crews and will be available on demand to the Department of Defense for sealift and military fueling operations.

It is anticipated that another ten tankers will be added to the program next fiscal year as the Department of Defense looks to bolster its international refueling operations.

AMO officers to crew first three in newbuild series of National Security Multi-Mission Vessels for MARAD

TOTE Services, LLC, a contracted company of American Maritime Officers, has been awarded the contract to operate the first three National Security Multi-Mission Vessels for the United States Maritime Administration, providing new job opportunities on the state-of-the-art ships for AMO members.

AMO crews will deliver each vessel from Philly Shipyard to each maritime academy. AMO will also operate the vessels when activated for a national defense, emergency relief or natural disaster mission by MARAD. While each maritime academy will be responsible for staffing the vessels during normal operations, AMO members will be used for cadet training cruises if needed.

"To have so significant a role in the development and operation of this multi-purpose national security fleet under TOTE management is yet another hallmark for AMO as the leading union of U.S. Merchant Marine officers," said AMO National President Paul Doell. "Whether it's defense



shipping, hauling humanitarian aid or working closely with maritime academy cadets, AMO is always there for the mission."

Each NSMV features instructional spaces, a full training bridge and space for up to 600 cadets. In addition, each ship features modern hospital facilities, a helicopter pad and the ability to accommodate up to 1,000 people in times of humanitarian need. The NSMVs can also provide needed roll-on/roll-off and container storage capacity for use during disaster relief missions.

In 2019, Congress authorized funding for the construction of the five new state-of-the-art vessels. The NSMVs are replacing the aging ships that currently serve as training vessels at the state maritime academies.

The first NSMV, the *Empire State VII*, was christened in June and is expected to be delivered later this summer. The second NSMV, the *Patriot State*, was launched earlier this summer. Coverage of that event is featured on the second page of this edition.

Patriot State, second National Security Multi-Mission Vessel in series of five, launched at Philly Shipyard

Philly Shipyard has launched *Patriot State*, the second in a series of five National Security Multi-Mission Vessels (NSMVs) it is building for the U.S. Department of Transportation's Maritime Administration.

The first ship in the NSMV program, the *Empire State VII*, was christened in June and will be delivered to the State University of New York (SUNY) Maritime College later this summer. *Patriot State* will be the new cadet training ship for Massachusetts Maritime Academy.

In 2019, Congress authorized funding for the construction of the new state-of-the-art vessels, which will primarily serve as training ships for the next generation of mariners, but they can also be called upon in cases of national emergency or for national defense missions.

All five vessels will be built at Philly Shipyard. The government has contracted with TOTE Services LLC to oversee the construction projects. Construction has already begun on the other three vessels.

TOTE Services, a contracted company of American Maritime Officers, has been awarded the contract to operate the first three National Security Multi-Mission Vessels for the United States Maritime Administration, providing new job opportunities on the state-of-the-art ships for AMO members.



First NSMV, *Empire State VII*, completes sea trials



TOTE Services LLC on August 9 announced the National Security Multi-Mission Vessel *Empire State VII*, the first ship in the NSMV series, had successfully completed sea trials and was expected to be delivered to the Maritime Administration in the near future for service at SUNY Maritime College.

AMO initiation fee for new and existing applicants reduced by more than half during union's 2023 membership drive

Applicants have through December 31, 2023 to complete requirements for membership

American Maritime Officers has launched a membership drive. Effective April 3, 2023, the AMO initiation fee for applicants for membership was reduced to \$2,500 under the following conditions:

- **Applicants must pay the reduced initiation fee of \$2,500 in full prior to January 1, 2024.**
- **Applicants must file two letters of recommendation from AMO members in good standing prior to January 1, 2024** – letters traditionally required of all applicants under the AMO Constitution.

With the \$2,500 initiation fee paid in full and two letters of recommendation from AMO members in good standing filed with the union prior to January 1, 2024, an applicant will be eligible to become a full book member of American Maritime Officers.

The current standard deep sea and Great Lakes American Maritime Officers

initiation fee is \$5,500.

Please Note:

- Any applicant for membership who has paid at least \$2,500 toward their Initiation prior to April 3, 2023 will also qualify for "Full Book Membership," provided two letters of recommendation from two members in good standing are received by Member Services and dues are paid through the current quarter.
- In keeping with past practice, there will be no refunds of money paid over and above the previously paid \$2,500.

For more information, please contact AMO National Secretary-Treasurer Bob Rice at (954) 295-6160 or via email: brice@amo-union.org.

The AMO membership drive will conclude on December 31, 2023.



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STAR Center launches OICEW program to increase number of deep-sea unlimited hawsepipe engineers



Participating in STAR Center's first installment of the Officer in Charge of an Engineering Watch hawsepipe program, which began in July, were Arniel Benitez, Charles Casteel, Bobby Dunn Jr., Cody Fox, Gene Gallosa, Jahmal Jones, Abdulkhalek Mohsen and Brent Morris. With them are STAR Center Director of Training Jerry Pannell and AMO National Vice President, Government Relations, Christian Spain.

By Christian Spain
National Vice President
Government Relations

As the membership is aware, there is a current manpower issue throughout the industry that is particularly acute in the deep-sea area. I have led and participated in several manpower studies performed over the last decade across the industry. Each one has predicted a deep-sea manpower shortage in the 2020s based on the baby boomer retirement wave. This has been exacerbated by both the COVID effect and our expanding fleet to create the perfect storm.

These studies also have shown the deep-sea U.S. Merchant Marine retains fewer than 50 percent of academy graduates in deep-sea sailing trades at the 10-year mark. On the other hand, hawsepipers have more than an 80 percent retention rate at the 10-year mark.

There has been an enormous drop in the number of mariners willing to advance their careers and obtain a license

(and commensurate STCW endorsement) on the hawsepipe track. This has been caused by the tremendous increase in training requirements imposed by the government over the last few decades on potential hawsepipers. Even though union-represented mariners typically have their training costs covered, taking a large amount of time out for training prevents a mariner from working and earning a living, and at the same time keeps him or her from spending time with family.

While the requirements of a National License have not radically changed over 30 years, an engineering hawsepiper who wishes to sail deep sea must meet STCW requirements, leading to upwards of 24 weeks of additional training at a cost of more than \$45,000 compared with the same candidate three decades ago. AMO and STAR Center were early to recognize this threat and created The Engineering Candidate Hawsepipe Program in 2013 to mitigate these effects on our union.

Further study of the demographic

data in 2017 led AMO and STAR Center to develop an OICEW program that would significantly reduce the number of weeks of training a hawsepiper would need to obtain an OICEW on their Merchant Mariner Credential. This was a long process of going back and forth with the National Maritime Center and U.S. Coast Guard HQ staff for years, but persistence has paid off, and in July our first class of eight OICEW candidates started training at STAR Center and we expect them to each have an MMC with an STCW endorsement, allowing them to

go to work aboard our deep-sea vessels before Christmas.

This kind of forward thinking will help us weather this storm. I would ask those officers who have potential hawsepipe candidates for USCG Third Assistant Engineer Motor and STCW OICEW endorsement to recommend them to AMO Government Liaison Bob Silva directly (bsilva@amo-union.org). AMO and/or STAR Center will follow up and provide information on the different pathways available from QMED to Third Assistant Engineer to OICEW.

AMO members attend meetings of union's National Executive Board, AMO Plans Board of Trustees



Members of American Maritime Officers attending and observing meetings of the AMO National Executive Board and AMO Plans Board of Trustees in June in Dania Beach, Fla., here with AMO National President Paul Doell, were Tim Price and Antoine Jennings.

MONTHLY MEMBERSHIP MEETINGS

Regular monthly membership meetings for American Maritime Officers will be held on the first Wednesday of every month except in the months of January and July, when the membership meeting will be held on the second Wednesday. Meetings will be held at AMO National Headquarters and will begin at 1 p.m. local time. The next meetings are scheduled to take place on the following dates:

September 6, October 4

Werner Thomas Kraemer: 1959-2023

Werner Thomas Kraemer of Mars Hill, North Carolina, passed away on Sunday, July 23, 2023, at the age of 64. He was born on May 5, 1959 in Germany.

Werner served in and retired from the United States Navy as Chief Petty Officer.

After he retired from the Navy, he served in the U.S. Merchant Marine as a member of American Maritime Officers.

Werner achieved the rank of Chief Engineer and sailed deep sea with AMO for 22 years until he retired.

Werner is preceded in death by his brothers, Eric John Larson, Jr., and Dennis Robert Larson.

Left to cherish his memory are his parents, Heidemarie Larson, and Eric John Larson, Sr.; wife, Glom Roddy-Kraemer; brothers, Heinz Kraemer (Chae)

and Andreas Kraemer (Lisa); as well as numerous nieces and nephews.

Naval Military Honors will be held at sea at a later date.

Those desiring to make a memorial contribution are encouraged to consider donating to the cancer organization of your choice.

Condolences may be sent to the family at www.blueridgefuneralservice.org.



Government Accountability Office study on merchant mariner credentialing finds Coast Guard performance measures could better address mariners' needs

The following is a summary of a report by the U.S. Government Accountability Office (GAO) published July 26. The full report can be viewed online at the GAO website – <https://tinyurl.com/4jcjj52w>.

Merchant mariners are civilian sailors who the Coast Guard certifies to work on U.S. commercial or private cargo ships. These mariners can be called to help the military in national emergencies and wars.

This Question and Answer report examines the Coast Guard's mariner credentialing process, covering:

- Numbers and types of applications received
- Processing times and factors affecting them
- Recent and planned improvements to make the process faster
- How the Coast Guard measures program performance

We found the Coast Guard's processing time measurement doesn't reflect the actual time mariners waited for applications to process, so we recommended improving it.

What GAO found

The Coast Guard merchant mariner credentialing process involves multiple levels

U.S. Coast Guard: Production delays for Merchant Mariner Credentials resolved at National Maritime Center

The following is excerpted from an article released by the U.S. Coast Guard's National Maritime Center.

On April 7, 2023, the National Maritime Center (NMC) reported on technical difficulties with our credential production equipment. These equipment issues led to delays in issuing Merchant Mariner Credentials (MMCs).

These issues have been resolved, and we are pleased to announce that production and issuance times have returned to normal. Mariners who are approved to print can expect their credential to be produced and issued within two to three business days.

As always, mariners can expect to receive a status update e-mail at each stage of the application, including upon issuance of their credentials.

To check your status and get the most up-to-date status information, use our online status tool (<https://tinyurl.com/495zmdxx>), or contact us via Live Chat (linked on the National Maritime Center home page – URL below) or by calling 1-888-IASKNMC (427-5662).

If necessary, mariners can request expedited mailing of their Merchant Mariner Credential or Medical Certificate, which includes the ability to track the package. Full instructions detailing the expedited mailing process are provided on the NMC website (<https://tinyurl.com/4a9k9hw>).

For a complete list of important announcements, see the NMC Announcements on the NMC Home Page (www.dco.uscg.mil/national_maritime_center/).

of review to ensure the mariner meets the professional qualifications for the position. A mariner may request a credential for the first time (original), renewal, duplicate, raise of grade (i.e. change in position), or new endorsement (i.e. proof of qualification for a position). For applications received from January 2018 through June 2022, the Coast Guard processed about 75 percent of credential applications in 60 days or fewer. GAO found that the Coast Guard's processing times varied due to the complexity or completeness of the application, the number of applications received, and the availability of the Coast Guard's human capital and information technology resources. For example, it generally took more time to process original credentials than other types. Also, the Coast Guard required additional information from 57 percent of applications it received, which added to the overall processing time.

Over the past several years, the Coast Guard has taken steps to improve the credentialing process by, for example, streamlining part of its review process. The Coast Guard is also taking steps to modernize its information technology to help improve its overall timeliness in processing credentials and responding to mariners.

The Coast Guard's key performance measures for the credentialing process, which include the monthly volume of applications in progress, the monthly ratio of applications finished divided by number received, and a subset of the processing time help partially support one of its Marine Safety strategic goals of improving service to mariners, the maritime community, and the public. However, the Coast Guard does not measure the performance of its overall processing time, which reflects the time from application submission to the time the Coast Guard issues the credential. Instead, the Coast Guard measures the time spent actively processing applications and does not count the time the National Maritime Center may need to wait for information from applicants, including time allowed for applicants to complete testing requirements. Adding a measure to track performance of its overall credentialing processing time could help ensure the Coast Guard remains responsive to mariners' needs.

Why GAO did this study

Merchant mariners play a vital role supporting the U.S. maritime commerce industry which generates nearly \$5.4 trillion in economic activity. To serve on certain merchant vessels, mariners must possess a merchant mariner credential. The credential indicates the holder does not present a threat to national security and has met the qualifications necessary for the mariner's position. The U.S. Coast Guard, within the Department of Homeland Security, has responsibility for issuing credentials to qualified mariners. However, over the past several years, questions have been raised about the time it takes and the technology used to process credential applications.

The James M. Inhofe National Defense Authorization Act, 2023, includes a provision for us to evaluate how the National Maritime Center processes merchant mariner credentials. This report addresses the Coast Guard's merchant mariner credentialing process, the volume and timeliness of processing applications, and how the Coast Guard measures the performance of its process.

To conduct this work, GAO reviewed Coast Guard documentation on the credentialing process, interviewed officials, and conducted a site visit in April 2023 of the credentialing center. Additionally, GAO analyzed record-level data from Coast Guard's credentialing database for the 333,785 applications the Coast Guard received from January 1, 2018, through December 31, 2022. GAO also analyzed monthly Coast Guard performance data from this same period and compared them against Coast Guard strategic goals.

Recommendations

GAO is recommending that the Coast Guard (1) establish a performance measure for assessing the overall processing time, and (2) use it to regularly assess and report on the Coast Guard's credentialing efforts. The Department of Homeland Security agreed.

U.S. Great Lakes shipping is a massive economic driver

The following article was released by the Lake Carriers' Association. The complete study is available at <https://lcaships.com/programs/economy/economic-impacts-jobs/>.

CLEVELAND, OHIO – "The Great Lakes Navigation System is the backbone of our Nation's manufacturing, industrial, building, and agricultural economies." That statement, included in the Fiscal Year 2024 Senate Energy and Water Appropriations Bill, was reinforced with the release of a new economic impact study of maritime shipping on the Great Lakes and St. Lawrence River July 21, 2023.

The report, which is titled: "Economic Impacts of Maritime Shipping in the Great Lakes," highlights the crucial role maritime shipping plays in the economic success of the nation. The industry drives \$36 billion in annual economic activity and generates more than \$6 billion in tax revenue. Additionally, 147,350 U.S. jobs are tied to the

maritime industry in the region and more than \$17.8 billion in family sustaining wages are paid every year.

"The Great Lakes Navigation System is vital to our national economic security. We as a nation must continue to invest in the system to ensure it remains sustainable and resilient. The new large navigational lock in Sault Ste Marie, Michigan, reliable Coast Guard icebreaking, and dollars for dredging and navigational structure maintenance are all examples of an investment in our security," stated James Weakley, President of the Lake Carriers' Association.

U.S. Transportation Secretary Pete Buttigieg opened the announcement of the report highlighting that the Great Lakes region is the third largest economy in the world behind the U.S. and China.

AMO aboard the *S/S Badger*



Members of American Maritime Officers working aboard the Lake Michigan Carferry vessel *S/S Badger* in May, here in Ludington, Mich. for fit-out, included Junior Engineer Nate O'Brien and Third Assistant Engineer Jim Fiers.

At left: AMO members working aboard the *Badger* in May for fit-out included Second A.E. Alexander Wade and First A.E. Gary Hanson.



AMO members working aboard the *Badger* in May for fit-out in Ludington, Mich. included Chief Engineer, Andy Vervelde.

Lakes iron ore float increased in July

The following report was released by the Lake Carriers' Association.

CLEVELAND – Shipments of iron ore on the Great Lakes totaled 5.8 million tons in July, an increase of 8.9 percent compared with the same point in the previous year. Shipments were above the month's five-year average by 4.8 percent.

Year-to-date, the iron ore trade stands at 25.6 million tons, an increase of 34.3 percent compared with the same point in 2022. Iron ore shipments are 7.1 percent above their five-year average for the first seven months of the year.

Month of July Port	2018	2019	2020	2021	2022	2023	Average 2018-2022
Duluth, MN	853,576	1,242,870	1,235,506	1,113,967	1,009,221	969,908	1,091,028
Superior, WI	1,618,776	1,362,328	345,472	1,383,365	1,528,578	1,331,525	1,247,704
Two Harbors, MN	1,963,241	1,988,696	1,040,098	1,573,093	1,714,045	1,688,169	1,655,835
Silver Bay, MN	861,096	691,577	325,313	607,650	151,151	521,882	527,357
Marquette, MI*	739,543	771,756	373,246	663,687	590,397	821,541	627,726
Cleveland, OH**	281,295	269,889	133,016	337,080	300,674	430,637	264,391
Ashtabula, OH	146,785	235,228	57,837	0	0	0	87,970
Total	6,464,312	6,562,344	3,510,488	5,678,842	5,294,066	5,763,662	5,502,010

*Marquette = Presque Isle in previous reports

**Transshipments within Cleveland Harbor

Includes Transshipments to Quebec City for Shipment Overseas
(net tons)

Year-to-Date (July) Port	2018	2019	2020	2021	2022	2023	Average 2018-2022
Duluth, MN	3,756,674	4,541,951	4,357,654	4,322,535	3,169,813	4,469,163	4,029,725
Superior, WI	6,209,924	5,493,506	3,552,795	6,145,914	5,368,097	6,182,405	5,354,047
Two Harbors, MN	8,136,780	8,753,933	6,714,871	8,203,488	6,588,455	7,824,081	7,679,505
Silver Bay, MN	3,175,258	2,596,327	1,951,505	2,572,013	863,363	1,058,651	2,231,693
Marquette, MI*	3,255,572	3,256,379	2,327,814	3,477,332	2,297,120	3,631,167	2,922,843
Cleveland, OH**	1,496,402	1,373,118	1,394,651	1,662,391	791,886	2,453,981	1,343,690
Ashtabula, OH	584,328	740,031	398,639	28,553	0	0	350,310
Total	26,614,938	26,755,245	20,697,929	26,412,226	19,078,734	25,619,448	23,911,814

AMO Plans Summary Annual Reports – Pension and Defined Contribution Plans: Fiscal Year 2022

Pension Plan

This is a summary of the annual report for American Maritime Officers Pension Plan, EIN 13-1936709, Plan No. 001, for period October 1, 2021 through September 30, 2022. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Basic Financial Statement

Benefits under the plan are provided by a trust fund. Plan expenses were \$51,967,256. These expenses included \$3,001,028 in administrative expenses, and \$48,966,228 in benefits paid to participants and beneficiaries. A total of 4,705 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$586,686,489 as of September 30, 2022, compared to \$703,299,633 as of October 1, 2021. During the plan year the plan experienced a decrease in its net assets of \$116,613,144. This decrease includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total loss of \$64,645,888, including employer contributions of \$29,147,855, other contributions (including rollovers) of \$265,983, realized losses of \$2,007,524 from the sale of assets, loss from investments of \$95,252,202 and other income of \$3,200,000.

Minimum Funding Standards

An actuary's statement shows that enough money was contributed to the plan to keep it funded in accordance with the minimum funding standards of ERISA.

Your Rights To Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- an accountant's report;
- financial information;
- information on payments to service providers;
- assets held for investment;
- transactions in excess of 5% of the plan assets;
- information regarding any common or collective trusts, pooled separate accounts,

master trusts or 103-12 investment entities in which the plan participates;

- actuarial information regarding the funding of the plan;

To obtain a copy of the full annual report, or any part thereof, write or call the office the American Maritime Officers Pension Plan at 2 West Dixie Highway, Dania Beach, FL 33004, or by telephone at (954) 922-7428. The charge to cover copying costs will be \$0.15 per page for any part thereof.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan (Board of Trustees American Maritime Officers Pension Plan, 2 West Dixie Highway, Dania Beach, FL 33004) and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13)(PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average less than one minute per notice (approximately 3 hours and 11 minutes per plan). Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Office of the Chief Information Officer, Attention: Departmental Clearance Officer, 200 Constitution Avenue, N.W., Room N-1301, Washington, DC 20210 or email DOL_PRA_PUBLIC@dol.gov and reference the OMB Control Number 1210-0040.

Defined Contribution Plan

This is a summary of the annual report for American Maritime Officers Defined Contribution Plan, EIN 27-1269640, Plan No. 001, for period October 1, 2021 through September 30, 2022. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Basic Financial Statement

Benefits under the plan are provided by a trust fund. Plan expenses were \$19,270,917. These expenses included \$1,080,607 in administrative expenses, and \$18,190,310 in benefits paid to participants and beneficiaries. A total of 4,613 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$201,176,103 as of September 30, 2022, compared to \$237,044,686 as of October 1, 2021. During the plan year the plan experienced a decrease in its net assets of \$35,868,583. This decrease includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total loss of \$16,597,666, including employer contributions of \$25,976,274, and loss from investments of \$42,573,940.

Your Rights To Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- an accountant's report;
- financial information;
- information on payments to service providers;
- assets held for investment;
- information regarding any common or collective trusts, pooled separate accounts, master trusts or 103-12 investment entities in which the plan participates;

To obtain a copy of the full annual report, or any part thereof, write or call the office

of the American Maritime Officers Defined Contribution Plan at 2 West Dixie Highway, Dania Beach, FL 33004, or by telephone at (954) 922-7428. The charge to cover copying costs will be \$0.15 per page for any part thereof.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan (Board of Trustees American Maritime Officers Defined Contribution Plan, 2 West Dixie Highway, Dania Beach, FL 33004) and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

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American Maritime Officers Plans Summary Annual Reports are available via a link on the AMO Plans home page at: www.amoplans.com

AMO Plans Summary Annual Reports – Medical and Vacation Plans: Fiscal Year 2022

Medical Plan

This is a summary of the annual report of the American Maritime Officers Medical Plan, EIN 13-5600786, Plan No. 501, for period October 1, 2021 through September 30, 2022. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Basic Financial Statement

Benefits under the plan are provided by a trust fund. Plan expenses were \$46,318,227. These expenses included \$6,630,966 in administrative expenses, and \$39,687,261 in benefits paid to participants and beneficiaries. A total of 4,754 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$20,222,499 as of September 30, 2022, compared to \$15,034,277 as of October 1, 2021. During the plan year the plan experienced an increase in its net assets of \$5,188,222. This increase includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. During the plan year, the plan had total income of \$51,506,449, including employer contributions of \$52,066,701, employee contributions of \$321,918, realized losses of \$11 from the sale of assets, loss from investments of \$990,352, and other income of \$108,193.

The plan has contracts with Life Insurance Company of North America and Gerber Life Insurance Company. The total premiums paid for the plan year ending September 30, 2022, were \$373,520.

Your Rights To Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- an accountant's report;
- financial information;
- information on payments to service providers;
- assets held for investment;
- insurance information, including sales commissions paid by insurance carriers;

To obtain a copy of the full annual report, or any part thereof, write or call the office of the American Maritime Officers Medical Plan at 2 West Dixie Highway, Dania Beach, FL 33004, or by telephone at (954) 922-7428. The charge to cover copying costs will be \$0.15 per page for any part thereof.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan (Board of Trustees of the American Maritime Officers Medical Plan, 2 West Dixie Highway, Dania Beach, FL 33004) and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13)(PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average less than one minute per notice (approximately 3 hours and 11 minutes per plan). Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Office of the Chief Information Officer, Attention: Departmental Clearance Officer, 200 Constitution Avenue, N.W., Room N-1301, Washington, DC 20210 or email DOL_PRA_PUBLIC@dol.gov and reference the OMB Control Number 1210-0040.

Vacation Plan

This is a summary of the annual report for American Maritime Officers Vacation Plan, EIN 11-1929852, Plan No. 501, for period October 1, 2021 through September 30, 2022. The annual report has been filed with the Employee Benefits Security Administration, as required under the Employee Retirement Income Security Act of 1974 (ERISA).

Basic Financial Statement

Benefits under the plan are provided by a trust fund. Plan expenses were \$114,571,148. These expenses included \$1,479,787 in administrative expenses, and \$113,091,361 in benefits paid to participants and beneficiaries. A total of 2,818 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was (\$985,911) as of September 30, 2022, compared to (\$1,468,486) as of October 1, 2021. During the plan year the plan experienced an increase in its net assets of \$482,575. This increase includes unrealized appreciation and depreciation in the value of plan assets; that is, the difference between the value of the plan's assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total income of \$115,053,723, including employer contributions of \$115,637,850, realized gains of \$18,456 from the sale of assets, loss from investments of \$602,666, and other income of \$83.

Your Rights To Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

- an accountant's report;
- financial information;
- information on payments to service providers;
- assets held for investment;

To obtain a copy of the full annual report, or any part thereof, write or call the office of the American Maritime Officers Vacation Plan at 2 Dixie Highway, Dania

Beach, FL 33004, or by telephone at (954) 922-7428. The charge to cover copying costs will be \$0.15 per page for any part thereof.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes, or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan (Board of Trustees American Maritime Officers Vacation Plan, 2 Dixie Highway, Dania Beach, FL 33004) and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N-1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13)(PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average less than one minute per notice (approximately 3 hours and 11 minutes per plan). Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Office of the Chief Information Officer, Attention: Departmental Clearance Officer, 200 Constitution Avenue, N.W., Room N-1301, Washington, DC 20210 or email DOL_PRA_PUBLIC@dol.gov and reference the OMB Control Number 1210-0040.

The calendar year 2022 Summary Annual Report for the AMO 401(k) Plan will be printed in an upcoming edition of American Maritime Officer.

AMO Safety and Education Plan – Simulation, Training, Assessment & Research Center
(954) 920-3222 / (800) 942-3220 – 2 West Dixie Highway, Dania Beach, FL 33004

General Courses

Combined Basic & Advanced Low Flash Point Fuel Operations (IGF Code/LNG Fuel) Course	5 Days	13 November	4 December	5 February	11 March				
Confined Space Entry	3 Days	8 November	31 January						
Advanced Fire Fighting	5 Days	30 October							
Advanced Fire Fighting Refresher	2 Days	18 September	4 December						
Basic Safety Training – All 4 modules must be completed within 12 months: Personal Safety Techniques (Mon./Tues. – 1.5 days), Personal Safety & Social Responsibility (Tues pm – .5 days), Elementary First Aid (Wed. – 1 day), Fire Fighting & Fire Prevention (Thurs/Fri – 2 days) – not required if Combined Basic & Adv. Fire Fighting completed within 12 months.				5 Days	18 September	4 December			
Basic Safety Training – Refresher – required for STCW renewal for those without 360 days of sea service in 5 years	3 Days	20 September	6 December						
Chemical Safety – Advanced	5 Days	12 February							
ECDIS	5 Days	11 December	12 February						
Environmental Awareness (includes Oily Water Separator)	3 Days	13 November	11 December						
Fast Rescue Boat	4 Days	19 September	24 October	28 November	9 January	19 March			
GMDSS – Requires after-hour homework	10 Days	9 October	26 February						
LNG Tankerman PIC – available online	8 Days	Please Call							
LNG Simulator Training – Enrollment priority in the LNG simulator course is given to qualified member candidates for employment and/or observation opportunities with AMO contracted LNG companies. In all cases successful completion of the LNG PNC classroom course is prerequisite.				5 Days	Please Call				
Proficiency in Survival Craft (Lifeboat)	4 Days	26 September	18 December	25 March					
Safety Officer Course (also see online schedule)	2 Days	4 October							
Tankerman PIC DL – Classroom (also see online schedule)	5 Days	13 November	19 February						
Tankerman PIC DL – Simulator	10 Days	25 September	23 October	4 December	22 January				
Train the Trainer – requires after hours homework	5 Days	18 September	30 October	13 November	4 December	15 January	11 March		
Vessel Personnel with Designated Security Duties – VPDSD	2 Days	Please Call							
Vessel/Company Security Officer – Includes Anti-Piracy (also see online schedule)	3 Days	11 September	17 January						
Proficiency in Survival Craft (Lifeboat) REFRESHER	1 Day	23 September	9 December						
Electronic Navigation and Watchkeeping Refresher	3 Days	25 September	8 November	18 December	10 January				
Basic Training & Advanced Fire Fighting Revalidation (Required for STCW renewal) – required by those with 360 days sea service in 5 years	2 Days	11, 28 September	2,16, 26 October	6, 27 November	11, 18 December	8, 29 January	12, 26 February	18 March	
Leadership & Management (required by ALL management level Deck and Engine officers by 1 Jan 2017)	5 Days	18 September	23 October	27 November	22 January	11 March			

Medical Courses

MSC Medical PIC Refresher	5 days	Please Call							
Elementary First Aid – Prerequisite for MCP within preceding 6 months	1 day	19 September	31 October	5 December	16 January	27 February			
Medical Care Provider – Prerequisite for MPIC within preceding 6 months. Please fax EFA certificate when registering	3 days	20 September	1 November	6 December	17 January	28 February			
Medical PIC – Please FAX MCP certificate when registering	5 days	25 September	6 November	11 December	22 January	4 March			
Urinalysis Collector Training	1 day	2 October	13 November	18 December	11 March				
Screening Test Technician – QEDs a.m./Alco Mate 7000 p.m.	1 day	3 October	14 November	19 December	12 March				

Radar Courses

Radar Recertification	1 day	29 January							
Electronic Navigation and Watchkeeping Refresher	3 days	25 September	8 November	18 December	10 January				
ARPA	4 days	30 January							
Radar Recertification & ARPA	5 days	29 January							
Original Radar Observer Unlimited	5 days	29 January							

Deck Courses

Advanced Bridge Resource Management	5 days	30 October	15 January						
Advanced Shiphandling for Masters/Senior Deck Officers – (No equivalency) Must have sailed as Chief Mate Unlimited	5 days	18 September	13 November	26 February					
Advanced Shiphandling for 3rd Mates – 60 days seafarers equiv. for 3rd Mates	10 days	11 September	6 November	22 January	4 March				
Advanced and Emergency Shiphandling – First Class Pilots, Great Lakes	5 days	29 January							
Basic Meteorology	5 days	30 October	5 February						
Tug Training – ASD Assist	5 days	11 December							
Dynamic Positioning – Induction (Basic)	5 days	18 September	13 November	8 January	11 March				
Dynamic Positioning – Simulator (Advanced)	5 days	4 December	29 January						
Dynamic Positioning – Revalidation	5 days	16 October	12 February						
Navigational Watchkeeping Standardization & Assessment Program	5 days	16 October	6 November	19 February					
TOAR (Towing Officer Assessment Record) – Third Mate (Unlimited or Great Lakes) or 1600T Master License required AND OICNW required	5 days	4 December	5 February						
High Risk and Emergency Shiphandling for Masters (Must have completed Advanced Shiphandling for Masters and sailed as Master)	5 days	25 September	11 December	22 January	18 March				

Deck Upgrade – STCW 2010 – Management Level (NVIC 10-14) – Completion of both required and optional courses listed below will include all Task Assessments required by NVIC 10-14, providing ECDIS, GMDSS and ARPA have been previously completed. See STAR Center's website for full details: <http://www.STAR-Center.com/STCW2010-deck.upgrade.html>.

Upgrade: Shiphandling at the Management Level (includes SAR)	10 days	2, 23 October	6, 27 Nov.	8 January	12 February	4 March		
Upgrade: Advanced Meteorology – Requires after-hours homework	5 days	2 October	6 November	4 December	15 January	12 February		
Advanced Stability (also see online schedule)	5 Days	18 September	23 October	11 December	15 January	26 February	18 March	
Management of Medical Care (also see online schedule)	1/2 day	13 September						
Leadership & Management (also see online schedule)	5 Days	18 September	23 October	27 November	22 January	11 March		
Advanced Cargo – Optional for task sign-off (also see online schedule)	5 Days	25 September	30 October	27 November	29 January	19 February		
Marine Propulsion Plants – Optional for task sign-off	5 Days	25 September	30 October	11 December	29 January	19 February		
Advanced Celestial – Optional for task sign-off	5 Days	11 September	16 October	4 December	5 February	11 March		
Advanced Navigation – Optional for task sign-off	5 days	16 October	11 December	12 February				

Engineering Courses

Electrical and Instrumentation Troubleshooting (Professional Development)	5 days	16 October	4 December	15 January				
Engine Room Resource Management (Simulator)	5 days	9 October	8 January					
Engine Operations Training and Assessment Program	5 days	2 October	22 January					
Gas Turbine Endorsement	10 days	30 October						
Marine High Voltage Safety Course (Simulator)	5 days	13 November	12 February					
Hydraulics / Pneumatics (Professional Development)	5 days	11 September	23 October	11 March				
Machine Shop (Professional Development)	10 days	16, 23 October	4, 11 December	26 February	4 March			
Programmable Logic Controllers (PLCs) (Does not include EPA Universal)	5 days	29 January						
Refrigeration & Air Conditioning	5 days	18 September	11 December	8 January				
Steam Endorsement	4 weeks	18 September		29 January				
Control Systems Troubleshooting (Professional Development)	5 days	23 October	11 December	22 January				
Welding & Metallurgy Skills & Practices – Open to eligible Chief Mates and Masters on a space available basis. Interested participants should apply online and will be confirmed 2 weeks prior to start date.		2 weeks	25 September	2 October	6, 13 Nov.	8 January		

Engine Upgrade – STCW 2010 – Management Level (NVIC 15-14) – Completion of both required and optional courses listed below will include all Task Assessments required by NVIC 15-14. See STAR Center's website for full details: <https://www.star-center.com/stcw2010-engine.upgrade.html>

Leadership & Managerial Skills (G500 as amended) – REQUIRED	5 days	18 September	23 October	27 November	22 January	11 March		
ERM (E050 as amended) – REQUIRED (unless previously taken for gap closing or original license) Note: if your current OICEW endorsement does not have a limitation, you should not require this for upgrade.	5 days	9 October	8 January					
Upgrade: Electrical, Electronics & Control Engineering (Management Level) (E133 as amended) (UPGRADE with tasks) Required unless previously taken for gap closing or original license	5 days	16 October	4 December	15 January	18 March			
STCW Upgrade Task Assessment – General: This class is required by all propulsion types (Motor, Gas and Steam) Licensed engineers – OPTIONAL: Tasks can be signed off onboard	5 days	30 October	11 December	29 January	4 March			
STCW Upgrade Task Assessment – Steam Assessments	5 days	Please Call						

MSC Training Program – The core MSC courses noted below are required for initial MSC employment. Other MSC courses listed are only required as assigned duties require.

CORE Basic CBR Defense – Refresher required every 5 years	1 day	27 September	13 October	17 Nov.	13 Dec.	19 Jan.	16 February	7 March
CORE Damage Control – Refresher required every 5 years	1 day	26 September	12 October	16 Nov.	15 Dec.	18 Jan.	14 February	6 March
CORE Helicopter Fire Fighting – Refresher required every 5 years	1 day	25 September	11 October	15 Nov.	14 Dec.	17 Jan.	15 February	5 March
CORE Marine Environmental Program (with CBRD) – Refresher required every 5 years	1/2 day	27 September	13 October	17 Nov.	13 Dec.	19 Jan.	16 February	7 March
MSC Readiness Refresher – Must have completed full CBRD & DC once in career		2 days	10 October	14 November	16 January	4 March		
MSC ATO Level II – Required every 3 years by Master once during career (unless designated ATO)	5 Days	11 December	22 January					
MSC CBRD Officer – Required every five years and successful completion of the annual refresher/indoctrination training is a prerequisite	5 Days	6 November	19 February					
MSC Watchstander – BASIC – Once in career, SST grads grandfathered	1 day	18 September	23 October	11 December	29 January	4 March		
MSC Watchstander – ADVANCED – Annual required for all SRF members	1 day	1, 15, 19, 29 September	6, 13, 20, 24 October	3, 10, 13 November	8, 12 December	12, 26, 30 January	9, 16 February	2, 5, 15, 22 March
MSC Ship Reaction Force – Required every three years for SRF members and must have Basic and a valid Advanced Watchkeeping and a valid Small Arms	3 days	20 September	25 October	14 November	13 December	31 January	6 March	
Small Arms – Initial & Sustainment (Refresher) Training – Open to members & applicants eligible for employment through AMO (w/in 1 year) or MSC on MARAD contracted vessels.	4 days	11, 25 September	2, 9, 16, 30 October	6, 27 November	4 December	8, 22 January	5, 12, 26 February	11, 18 March

Self-Study, CDs and Online Courses

Anti-Terrorism Level 1							Online	
DOT Hazardous Materials Transportation Training							Online	
EPA Universal Refrigerant Certification Examination (3 days on campus)							Self Study	
Qualified Assessor							Online	
Vessel General Permit – EPA							On Campus in conjunction with other classes	

NOTICE: AMO members planning to attend STAR Center in Dania Beach, Florida – either to prepare for license upgrading or to undergo specialty training – are asked to call the school to confirm course schedule and space availability in advance.

NOTICE OF NON-DISCRIMINATION POLICY AS TO STUDENTS: The Simulation, Training, Assessment and Research Center (STAR) established under the auspices of the American Maritime Officers Safety and Education Plan, admit students of any race, color, national and ethnic origin or sex to all the rights, privileges, programs and activities generally accorded or made available to students at the Center. It does not discriminate on the basis of race, color, national or ethnic origin or sex in administration of its educational policies, admission policies and other programs administered by the Center.

ONLINE Blended Management Level Upgrade Classes (Deck and Engine) – STAR Center is offering the following courses ONLINE. WHERE SHOWN, FULLY ONLINE CLASSES INCLUDE ALL ASSESSMENTS AND TRAVEL TO STAR CENTER IS NOT REQUIRED. By USCG approval requirements, Practical Exercises and Competency Assessments for blended courses will have to be taken at STAR Center. This will be scheduled in a comprehensive 5-day session.

Leadership and Management (Deck and Engine) – FULLY ONLINE	5 Days	27 November							
Upgrade: Advanced Meteorology (Deck) – Blended Assessment at STAR Center	3 Days	11 October	24 January						
Advanced Navigation (Deck)	3 Days	16 October	12 February						
Marine Propulsion Plant (Deck)	3 Days	25 September							
Advanced Stability (Deck) FULLY ONLINE	5 Days	23 October	26 February						
Advanced Cargo (Deck) FULLY ONLINE	5 Days	30 October	19 February						
Advanced Celestial (Deck) Blended Assessment at STAR Center	4 Days	Please Call							
Upgrade: Electrical, Electronics, & Control Engineering (Engine) – FULLY ONLINE	5 Days	Please Call							
Combined Basic and Advanced Low Flash Point Fuel Operations – FULLY ONLINE	5 Days	5 February							
LNG Tankerman PIC – FULLY ONLINE	8 Days	Please Call							
Tankerman PIC DL – Classroom – FULLY ONLINE	5 Days	Please Call							
Vessel Security Officer (VSO) – FULLY ONLINE	3 Days	11 September							
Safety Officer Seminar – FULLY ONLINE	2 Days	Please Call							
Management of Medical Care	.5 Days	13 September							
Assessments (at STAR Center) DECK and ENGINE									
Upgrade: Advanced Meteorology (Deck)	2 Days	9 October	22 January						
Advanced Navigation (Deck)	2 Days	Please Call							
Marine Propulsion Plant (Deck)	2 Days	Please Call							
Advanced Celestial (Deck)	2 Days	6 November	9 January						

AMO members and applicants asked to submit course applications as far in advance as possible, and to submit a course application even if the preferred course has a wait list

AMO members and applicants are asked to submit an application for course registration as far in advance of the course's start date as possible for all courses. Applications received less than 60 days in advance of a course's start date are more

difficult to accommodate. AMO members and applicants are also asked to submit an application for their preferred course and start date even if there is a wait list. STAR Center is sometimes able to accommodate those on a course wait list.

STAR Center

Simulation, Training, Assessment & Research

register@star-center.com ★ FAX: 954-920-3140

If possible, please use the secure online course application:
<https://www.star-center.com/forms/reg.mbr.live.html>

NAME: _____ DATE: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP CODE: _____
 HOME PHONE: (_____) CELL PHONE: (_____)
 E-MAIL ADDRESS: _____
 MARINER REFERENCE NUMBER: _____
 UNION CARD / APPLICANT NUMBER: _____ SSN (LAST 4 NUMBERS): _____
 MOST RECENT VESSEL: _____
 COMPANY: _____
 CURRENTLY ASSIGNED TO A VESSEL UNDER MSC OPERATIONAL CONTROL (Y/N)? _____
 DATE ASSIGNED: _____ DATE DISCHARGED: _____
 CURRENT LICENSE: _____ EXPIRATION DATE: _____

Please call or e-mail to confirm your class at least two (2) weeks prior to course start date. In the event of a Waiting List, your place will be released two (2) weeks before the scheduled start date if we have not heard from you.

To confirm course registration, please call: (800) 942-3220 Ext. 201

For course attendance confirmation, please call: (800) 942-3220 Ext. 200

★ YOU MUST BE FIT FOR DUTY TO ATTEND CLASSES ★

STAR Center Use Only / Tracking Number:

STAR Center admits students of any race, color, national and ethnic origin or gender.

STAR Center "No Show" Policy for Registered and Confirmed Students: STAR Center students who are enrolled and who have been confirmed are REQUIRED to notify STAR Center at least 48 hours prior to the start date of a course when a short notice change arises such that they will no longer be able to attend by contacting Student Services by phone at (800) 342-3220 Ext. 201, (954) 920-3222 Ext. 201, or by e-mail: register@star-center.com. STAR Center values all our AMO Plans Participants' time and efforts and understands issues may arise that will impact schedules and travel. However, "No Show" students impact other AMO Plans Participants who may be on a wait list and could fill the unused seat. We therefore ask that our enrolled and confirmed students respect the needs of their fellow AMO students and contact STAR Center as noted above so their seat may be filled. The circumstances of "No Show" students will be reviewed as necessary. Those who are repeat "No Show" students may have all future STAR Center enrollment applications wait-listed for the requested course(s) until all other AMO participants are accommodated.

Desired Course(s)	Preferred / Alternate Start Date
_____	/
_____	/
_____	/
_____	/

Lodging / Accompanying Guest Information

Check IN Date: _____ / _____ / _____
 (Day before class starts) Check OUT Date: _____ / _____ / _____
 (Day after class concludes)

Spouse / Guest / Significant Other	Relationship	Age (if Minor Under 18)
_____	_____	_____
_____	_____	_____
_____	_____	_____

Students must be "fit for duty" and guests must be capable of performing "activities of daily living" without assistance. All Minors under 18 must be accompanied by an adult at all times while at STAR Center. Include ages of all Minors under 18 on list above.

[] Check if baby crib required

Lodging Remarks / Requests:



DIRECTORY

AMO NATIONAL HEADQUARTERS

OFFICES

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Dispatch: (800) 345-3410 / dispatch@amo-union.org

Brendan Keller, Dispatcher (bkeller@amo-union.org)
 (800) 362-0513 Extension 1061 / Mobile: (954) 817-4000
 Roy Emrick, Jr., Dispatcher (remrick@amo-union.org)
 (800) 362-0513 Extension 1060 / Mobile: (954) 298-7635
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 memberservices@amo-union.org / FAX: (954) 367-1066
Contract Analysis: Chris Holmes
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 jbrown@amo-union.org
 (800) 362-0513 Extension 6007
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 mmoffitt@amo-union.org
 (800) 362-0513 Extension 6005 / Mobile: (419) 481-3470

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 drobichaux@amo-union.org
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SAN DIEGO, CA 92131
 10755 Scripps Poway Parkway #107
Roy Silliker, West Coast Representative
Mobile: (415) 265-1429
 rsilliker@amo-union.org

STAR CENTER

STUDENT SERVICES/LODGING AND COURSE INFORMATION
 2 West Dixie Highway
 Dania Beach, FL 33004-4312
 (954) 920-3222 Extension 201 / (800) 942-3220 Extension 201
 Course Attendance Confirmation: (800) 942-3220 Extension 200
 24 Hours: (954) 920-3222 Extension 7999 / FAX: (954) 920-3140

SERVICES

AMO MEMBERS & APPLICANTS: UPDATE CREDENTIALS, DOCUMENTS, TRAINING RECORDS
 Secure File Upload: <https://www.amo-union.org> (LOGIN/MEMBER LOGIN)
 Questions: (800) 362-0513 Extension 1050
 E-mail: memberservices@amo-union.org

MEDICAL CLINIC 2 West Dixie Highway Dania Beach, FL 33004-4312 (954) 927-5213	AMO PLANS 2 West Dixie Highway Dania Beach, FL 33004-4312 (800) 348-6515 FAX: (954) 922-7539
AMO Coast Guard Legal Aid Program Michael Reny Mobile: (419) 346-1485 (419) 243-1105 (888) 853-4662 MikeReny@BEX.NET FAX: (419) 243-8953	

AMO PLANS CONTACT INFORMATION

AMO Plans normal business hours are Monday through Friday, 8 a.m. to 4 p.m. Eastern.

Phone: (800) 348-6515

To request a connection with a specific person, dial "0" for the operator.

Medical Customer Service: extension 12

Retirement Services (Pension, 401(k), MPB, and DC): extension 14

Vacation: extension 15

FAX – Retirement Services: (954) 922-7539

FAX – Medical Plan: (954) 920-9482

FAX – Vacation Plan: (954) 926-7274

E-mail – Medical Plan: amomedical@amoplans.com

E-mail – Vacation Plan: amovacation@amoplans.com

E-mail – 401(k) Plan: amo401k@amoplans.com

E-mail – Retirement Services: amopension@amoplans.com

AMO officers serve in sea trials for Military Sealift Command newbuild *USNS Harvey Milk*

Members of American Maritime Officers were praised by shipbuilder General Dynamics NASSCO and Military Sealift Command after serving in the sea trials for the newbuilt vessel *USNS Harvey Milk* (T-AO 206).

The ship is the second of the Navy's John Lewis Class fleet oiler program, following the series' lead vessel, *USNS John Lewis* (T-AO 205), delivered in July 2022. The 742-foot-long vessels are designed to transfer fuel to U.S. Navy carrier strike group ships operating at sea. They have capacity to carry 157,000 barrels of oil, a significant dry cargo capacity, aviation capability, and are capable of speeds of up to 20 knots.

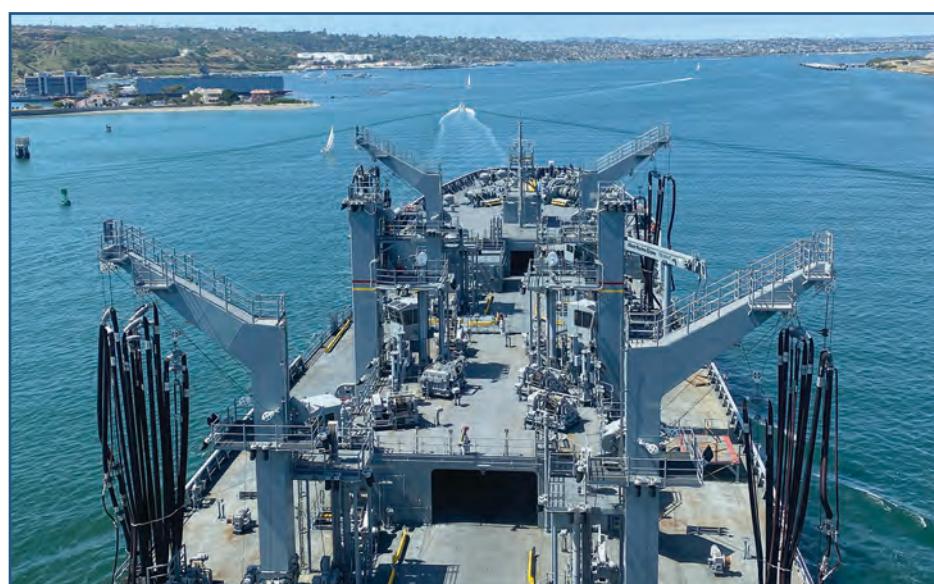
AMO officers complemented by an unlicensed crew provided by Seafarers International Union completed sea trials on the vessel in May.

"NASSCO was very impressed with the performance of the AMO and SIU crew," said Captain Doug Voss.

Other AMO members sailing aboard the *USNS Harvey Milk* included Chief Mate Alex Showell, Second Mate Ross Lory and Third Mate Greg Andrews.

The vessel is named in honor of gay rights activist Harvey Milk, who served in the Navy during the Korean War and later became the first openly gay man to be elected to public office in California.

First steel was cut for the *USNS Harvey Milk* in December 2019, and the ship was christened and launched in November 2021. The Navy accepted delivery of fleet replenishment oiler on July 11.



Photos courtesy of Captain Doug Voss

The Navy accepted delivery of fleet replenishment oiler *USNS Harvey Milk* (T-AO 206) on July 11.

USNS Bruce C. Heezen participates in International Hydrographic Organization Assembly in Monaco

The following article by the Naval Oceanography Public Affairs Office was posted by Military Sealift Command.

The Pathfinder-class oceanographic survey ship *USNS Bruce C. Heezen* (T-AGS 64) arrived in Monaco City, Monaco, May 1, 2023, for a scheduled port visit to participate in the International Hydrographic Organization (IHO) Assembly 2023.

The Assembly is formed by the representatives of 98 Member States. It meets every three years to provide general guidance on the functioning and work of the organization, as well as taking decisions of technical and administrative nature.

The ship's presence in Monaco is a demonstration of the U.S. Navy's continued commitment and support to the European region and reinforces the strong bond between the United States and Europe.

Naval Oceanography oper-



The Pathfinder class oceanographic survey ship *USNS Bruce C. Heezen* (T-AGS 64) arrived in Monaco City, Monaco to participate as part of the U.S. Government's delegation to the International Hydrographic Organization May 1, 2023. The *USNS Heezen* is operated for Military Sealift Command by Ocean Ships and directed by the Naval Oceanographic Office to conduct oceanographic work in the U.S. Sixth Fleet area of operation. American Maritime Officers represents all licensed officers working aboard the vessel.

ates the T-AGS class of ships, owned and operated by Military Sealift Command, to conduct scientific work such as oceanography, hydrography, and many other scientific fields from the ocean floor to the stars.

The U.S. and Monaco, along with the IHO, are committed to working together

and improving collaboration on the collection of scientific data to help create a safer ocean for all.

The *USNS Bruce C. Heezen* hosted a reception during the week to support the U.S. delegation in hosting representatives from many of the countries participating.

The International Hydrographic Organization works to ensure that all the world's seas, oceans, and navigable waters are surveyed and charted, thereby supporting the safety of navigation and the protection of the marine environment. It coordinates the activities of national hydrographic offices and sets standards in order to promote uniformity in nautical charts and documents. It issues survey best practices and provides guidelines to maximize the use of hydrographic information.

Naval Oceanography has approximately 2,500 globally distributed military and civilian personnel, who collect, process, and exploit environmental information to assist Fleet and Joint Commanders in all warfare areas to guarantee the U.S. Navy's freedom of action in the physical battlespace from the depths of the ocean to the stars.